

Our History

Pascoe Canada is the Canadian subsidiary of Pascoe pharmazeutische Präparate GmbH, a family-run manufacturer of natural healthcare products headquartered in Giessen, Germany.

Pascoe Canada is dedicated to providing our users with premium natural healthcare products with over 120 years of history. Pascoe's history dates back to the pharmacy founded by Friedrich Pascoe in 1895. Pascoe the company was founded in 1918 by the pharmacist Friedrich Pascoe, who worked with a student of the famous homeopathic practitioner Samuel Hahnemann, Rev. Felke. Some of the earliest remedies still exist in the present-day Pascoe line.

In 1961, Pascoe began doing research on its products and presently continues to invest a high amount of its gross sales into research. The company is currently owned and operated by Jürgen F. Pascoe and his wife Annette D. Pascoe, the third generation of the family in the business. Pascoe is distributed in over 30 countries world-wide.



Vertigopas®

- ✓ Effectively relieves symptoms of dizziness and vertigo
- ✓ Approved for all ages by Health Canada
- ✓ Formulated without peanuts, gluten and dairy



For complete product information see product info insert or visit www.pascoe.ca.



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*Imbalance?
Unsteadiness?
Motion Sickness?*



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Vertigopas®

All About Vertigo

What is Vertigo?

Vertigo is the feeling of sense of motion (i.e. rotation, rocking, spinning) when a person is perfectly still. You can induce a sense of vertigo by spinning around for a time – this type of vertigo only lasts for a few minutes at most. Alternatively, vertigo can also occur spontaneously or as a result of an injury and can last for long period; hours and sometimes days.



What causes nausea and vertigo?

The root cause of vertigo and nausea is a confusion at our brains “switchboard”. While our sense of balance is reporting motion, our eyes register stillness. This problem is exaggerated when you are in motion.

This sensitivity usually declines as we get older and in adults it only appears under more extreme conditions, such as mountain driving around hairpins or in rough sea conditions. Fear can often play a part, intensifying the problem.

When Dizziness Slows you Down...

Signs and symptoms of vertigo

- Sense of spinning or moving
- Nausea
- Vomiting
- Nystagmus (abnormal eye movement)
- Imbalance

Causes of Vertigo

- Migraines
- Inner ear infections
- Inflammation of the inner ear
- Head injury
- Medication
- Vestibular Neuritis (an inner ear infection that causes inflammation on the vestibular nerve - the nerve that controls balance)

Central vs. Peripheral Causes

Central causes arise in the brain or spinal cord; head injuries could increase the risk of developing vertigo.

Peripheral causes arise in relation to an inner ear problem, (i.e. an infection or inflammation).



Get Going with Vertigopas®

A homeopathic remedy for dizziness and vertigo: The Perfect Travel Companion!

Dosing

| Age | Drops | Frequency |
|------------|-------------|--------------------|
| 0-1 years | 1-5 drops | 1 to 3 times a day |
| 1-5 years | 5-10 drops | 1 to 3 times a day |
| 6-11 years | 5-15 drops | 1 to 3 times a day |
| 12 + years | 10-30 drops | 1 to 3 times a day |

Acute: Every 15-60 minutes (up to 12 times a day) or until improvement of symptoms. Then resume general dosing. The drops should be taken diluted in some water.

Advice for Travel Sickness

- Look out the window in the direction of travel instead of reading or texting
- Eat light food before travelling
- Avoid eating dairy products before or during your travels
- Create a relaxed atmosphere
- If possible, take plenty of breaks and hop energetically (creating a sense of balance)